

A Message from the Principal

Dear Parents,

Welcome back to a new and exciting year at Knox. The Knox News, our monthly newsletter, will be sent home with your children around the first of every month. The Knox News is also posted on the school district website www.johnstownschoools.org. The newsletter will provide you with much of the important news and happenings at Knox and throughout the district.

This newsletter includes information that will be important to you in the year ahead. Please save this packet to use as a reference during the upcoming school year. We realize that there are many forms to fill out and a lot of paperwork to complete during this first week of school. We do, however, ask your cooperation in getting these forms back to us in a timely manner so we have the most up to date information concerning your child. If something changes during the year, (address, phone number, etc.) please let us know.

Many important correspondences will be coming home with your child. Progress Reports and Report Cards will be sent home with your child. If you do not seem to be receiving informational items from school, please question your child. You may also pick up additional copies at school.

As parents/guardians of a junior high student, you may see many rapid changes in your child throughout the school year. It is very important that you keep lines of communications open during these very formative times. Take the time to talk to your child and do not hesitate to call school with questions or concerns.

I look forward to a very productive year here at Knox.

Sincerely,

Michael Satterlee
Principal



*Friends, fun,
sports, clubs,
dances and
learning!*



**For information throughout
the school year, visit ...**

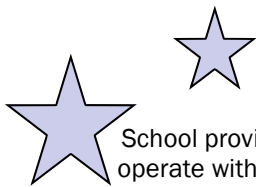
Knox welcomes back all of our students and faculty. A special welcome to our new staff. . . Mrs. Bobbi Jo Coons, Nurse • Mrs. Cindy Cromer, Adaptive P.E.

Mr. Andy Dagostino, Resource • Mr. John Heimer IV, Groundskeeper • Mrs. Sharon Humphrey, Computers
Mrs. Claudia Jurica, Main Office Secretary • Ms. Victoria Leonard, French • Mr. James Morton, Vocal Music
Mrs. Jen VonderHeide, Social Studies • Ms. Rebecca Wager, AIS

Academic Expectations

The classroom is a setting for learning. It is the student's responsibility to:

- Arrive to class on time;
- Use class and study time for learning;
- Complete assigned work on time;
- Prepare thoroughly for each class;
- Respect the rights of other students;
- Participate in the class discussion and activities;
- Respect the authority of the teacher or substitute;
- Follow classroom procedures as determined by the teacher;
- Use textbooks, school technologies, and other class materials appropriately and with care.



Citizenship

School provides an opportunity to learn to communicate with others, to respect the rights of others and to operate within certain rules for the common good. It is the student's responsibility to:

- Treat other people as you wish to be treated;
- Respect the rights, property, and safety of others;
- Assist in keeping the school clean and free from litter and vandalism;
- Understand that the school operates within established rules and regulations and these rules and regulations must be followed;
- Respect the property of the school;
- Follow the directions of people in authority;
- Avoid inappropriate physical contact;
- Behave appropriately;
- Avoid hazing, bullying, or other behavior that threatens or demeans or harasses others;
- Avoid initiating or participating in sexually harassing behavior. Sexual harassment may include, but is not limited to, sexually degrading words or gestures; verbal sexual abuse, obscene phone calls; offensive sexual graffiti, pictures or cartoons; subtle pressure for sexual activity; leering or staring; insulting remarks to a person about his or her gender or sexual orientation; demands for sexual favors accompanied by implied or overt threats; and unwanted touching, petting, pinching or brushing. The Greater Johnstown School District's Policy #5020.1 on Sexual Harassment may be obtained from the Knox main office.
- Show respect by your words and actions for racial and religious differences;
- Use appropriate language while at school and while on school property.

Good Neighbors

Let's all show what good neighbors Knox students are. Please remember not to loiter (hang out) on people's property, be boisterous (loud and noisy) or "play" (fight, exchange bad words, smoke, etc.) on or near their property. "Horseplay" (pushing, shoving) may not be so amusing to people living near the school. Also, the Johnstown Police Department is requesting that people walk on the sidewalks, not in the street. This request is made for safety and the police will be enforcing the regulation.

Head Lice Reminder

This is a reminder that September through June is the time of year when head lice can be very prevalent. All parents are encouraged to check your child's head on a weekly/bi-monthly basis. If any head lice or nits are found, it would be appreciated if you notify the nurse at your child's school. The school nurse will be periodically checking students throughout the school year. In the event of a confirmed case:

Parents will be notified—we encourage you to seek the advice of your family physician regarding treatment recommendations.

After treatment and parent has removed ALL NITS, parent must return to the health office with the student. The parent and nurse will then check the child's head together to insure that the child is free of lice and nits.

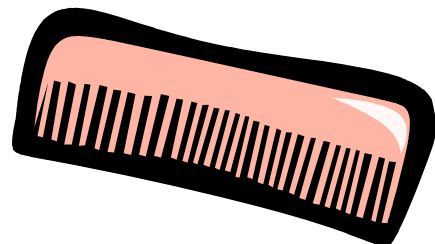
NO CHILD WILL BE ALLOWED TO RETURN TO SCHOOL/CLASS IF THEY HAVE ANY NITS or LICE.

Again, we are now in the season when finding head lice is not uncommon. Your cooperation in detecting and preventing the spread of head lice is appreciated. If you have any question or concerns, feel free to contact the health office at your child's school (518) 762-8711.

Bobbi Jo Coons, RN
Knox School Nurse

10 STEPS TO HELP KEEP HEAD LICE AND THEIR EGGS OUT OF YOUR CHILD'S HAIR

1. Watch for signs of head lice, such as frequent head scratching. Anyone can get head lice...mainly by head-to-head contact, but also from sharing personal items such as brushes from an infested person.
2. Check all family members for head lice and lice eggs (nits) at least once a week. Only those infested should be treated. Lice are reddish-brown wingless insects, nits are grayish-white, always oval shaped, and glued at an angle to the side of the hair shaft.
3. Be sure not to confuse nits with hair debris, which appears as bright white irregularly shaped clumps of dandruff stuck to the hair shaft. Another form of debris may appear as elongated segments of dandruff encircling the hair shaft and is easily dislodged. Lice treatment is not appropriate for hair debris.
4. Consult your physician or pharmacist before applying or using lice treatment pesticides if you are pregnant, nursing, have allergies, asthma, or lice or nits in the eyebrows or eyelashes. *Never use a pesticide on or near the eyes.*
5. Purchase an over-the-counter treatment produce for head lice. The National Pediculosis (head lice) Association strongly discourages the use of lindane products—commonly referred to as Kwell—but also available in generic versions. All lice-killing products are pesticides and must be used with caution.
6. Follow package directions carefully. Use the product over the sink, not in the tub or shower. Always keep the eyes covered.
7. Remove all nits. This assures total lice treatment. Separate hair in sections and work on one section at a time, removing all attached nits with a nit-removal comb, baby safety scissors, or your fingernails.
8. Wash bedding and recently worn clothing in hot water and hot dryer. Combs and brushes may be soaked in hot (not boiling) water for 10 minutes or cleaned with an old toothbrush and soapy water.
9. Avoid lice sprays. Vacuuming is the safest and best way to remove lice or fallen hairs with attached nits from upholstered furniture, rugs, stuffed animals and car seats.
10. Notify your child's school, camp, childcare provider and neighborhood parents. Check for lice on a regular basis. This is the best way to protect your family and community.



Student Agendas

Students are provided agendas on their first day of school. This agenda is your passport for the school year. Put your name in it immediately. Keep it safe and in good condition. You will be required to have it in all your classes. You will use it to record your assignments, keep track of your school obligations, and to help you keep organized.

Included in the back of your agenda are pages that will serve you as a bathroom pass. There is a column for each month of the year. Use them wisely. When you have used up the month's allotment, you will be unable to sign out of a classroom to go to the bathroom until the start of the next month. You will not be able to use another student's agenda for passes. Nor will you be allowed to loan your agenda to another student. There is a very limited number of extra agendas. If you lose this one, you will have to pay \$5.00 for a replacement.

Backpacks

Although backpacks help students carry their belongings and study materials to and from school, students are **not** authorized to use them while in school. Students are encouraged to plan their day in advance, including times when it will be necessary to stop at their lockers to exchange learning materials and supplies for their classes. Students should **not** carry their backpacks to and from classes, but should store them in their lockers while in school.



Lost and Found

There are two lost and found depots in the building. Found clothing is deposited in a designated box in the Health Office. Jewelry, purses, eyeglasses, backpacks, and other personal items are brought to the main office. Students should report losses to the main office and complete a theft/lost item report to aid recovery. It is strongly recommended that valuables and significant sums of money **not** be brought to school. The school is **not** responsible for loss or theft of property.

Use of Knox Telephones

Students are **not** authorized to use any telephones in the Knox building. There is a telephone available for student use in the main office and may be accessed with permission from the office secretary. Access to this telephone should be limited to emergency use only. Students who regularly depart from school at the end of the day via a ride from a parent or guardian should arrange in advance a convenient time for pick up. Daily telephone calls from students to parents for pick up times crowds the main office and makes it very difficult to carry on regular school business.

Lockers

With the start of the school year, each student is issued a hall locker, gym locker, and combination locks for each. Each pupil is responsible for maintaining both lockers in good condition. It is the student's responsibility to report to the office any condition which would prevent the normal operation of the locker. The following guidelines apply for locker usage:

- Pupils are cautioned not to share lockers or lock combinations.
- The school does not take responsibility for personal or other articles lost or removed in connection with the use of lockers.
- The storage of illegal or dangerous items such as medication, drugs, firearms, flammable substances, or explosives in the locker is strictly forbidden.
- Pupils are not to bring their own locks for the lockers. Only school supplied locks are to be used; all others will be removed.
- Misuse or mistreatment of the lockers may result in the denial of locker privileges.
- No decoration or writing is permitted on the interior or exterior of the locker door. Pupils will be held financially responsible for locker cleaning or repairs caused by abuse.
- Lockers are the property of the Greater Johnstown School District and may be opened and inspected by authorized personnel at any time.
- Pupils should maintain their lockers in a clean and organized fashion.
- Pupils should clean out their lockers in June prior to final examinations.

Although there is no charge for the first locks issued to students, there is a \$5.00 charge for replacement locks in the event they are lost, misplaced, stolen, or broken due to abuse.

Unauthorized Items

- The use of cell phones, walkmans, CD players, boom boxes, and all other electronic devices are prohibited between the start of school and the end of school. Cell phones with cameras are prohibited at all times.
- The use of skateboards, heelies, roller blades, inline skates, and other such devices are prohibited inside the school and on the walks leading up to the school doors. Students using these to come and go from school may store them in the closet opposite the main gymnasium doors.
- Sunglasses, beepers, laser pointers, cell phones, game boys, water pistols, and similar devices and toys are prohibited in school.
- Wallet or other similar chains are prohibited.
- All other such equipment will be confiscated and held until the student or parent comes in to pick it up or until the end of the school year.
- No food or drink is permitted outside the cafeteria.
- Any item that is potentially disruptive to the educational process or presents a safety concern will be confiscated and the student will be subject to disciplinary action.

Student Dress

An individual's First Amendment rights of freedom of expression extend only to the point where they begin to impinge upon the rights of others. In this vein, all students are expected to give proper attention to personal cleanliness and to dress appropriately for school and school functions. Students and their parents have the primary responsibility for acceptable student dress and appearance.

A student's dress and grooming, including hair style/color, jewelry, make-up, and nails, shall be safe and appropriate and not disrupt or interfere with the educational process. In addition, students must understand that:

- Extremely brief garments and see-through garments are inappropriate.
 - Bare midriffs are not permissible.
 - Underwear must be completely covered with outer clothing.
 - Footwear must be worn at all times. Footwear that is a safety hazard will not be allowed.
 - References that are vulgar, obscene, libelous, or that denigrate others because of race, color, religion, ancestry, national origin, sex, sexual orientation or disability are unacceptable.
 - The promotion and/or endorsement of alcohol, tobacco, or illegal drugs and/or encouragement of other illegal or violent activities is unacceptable.
 - Wallet chains are considered dangerous and will be confiscated.
- Students who violate the student dress code will be required to modify their appearance by covering or removing the offending item, and if necessary or practical, replacing it with an acceptable item. Any student who refuses to do so shall be subject to disciplinary consequences.

Knox Dances

The PTSA sponsors monthly dances. All Knox students in good academic and behavioral standing are welcome and encouraged to come.

There are some rules and procedural guidelines we follow for dances in order to make them as safe and as pleasant as possible for everyone. They are as follows:

- Only current Knox students and Wheelerville Junior High students are permitted to attend Knox dances.
- Students may purchase their dance tickets in advance or at the door. They are made available at lunchtime outside the cafeteria on the day of the dance. Tickets are \$5.00.
- The school doors open at 7:00 o'clock for the dance and all students are expected to enter by 7:15. If your child is held up for any reason and is unable to arrive by 7:15, we ask that a parent or legal guardian accompany him or her to the door.
- All children are expected to remain in the school for the dance until 9:00 o'clock. If a child must leave early, a parent or legal guardian must come to pick him or her up. Prior to the end of the dance at 9:00 pm we will not release any child without the physical presence of a parent or legal guardian. This is for their safety and your peace of mind.
- Any student who receives a day of ISS or OSS in the two weeks prior to the dance will be prohibited from that month's dance. For the May Dance, any student who receives a total of 20 points throughout the year (1 point for a detention, 3 points for one day of ISS and 5 points for each day of OSS) will not be able to attend.
- Students who misbehave at the dance will be asked to leave in the company of their parents and may be prohibited from attending subsequent dances.



HERE

Attendance Policy

The Knox Junior High School's educational program is founded on the belief that it is vital to ensure students are attending classes as well as arriving to class on time, since there are essential aspects of an orderly learning environment. Student absence without the knowledge and consent of the parent is considered truancy. Truancy is a violation of NYS law and is subject to disciplinary measures imposed by the school and Family Court.

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Tardiness, whether the fault of the youth or the parent, cannot be excused except for the reasons cited in the GJSD Policy on Attendance (#7109) and in the Student Code of Conduct. A note explaining the cause of the lateness is required. Since excessive tardiness and absences are not conducive to good work habits or learning, parents should make every effort to have their children in school every day and on time.

Chronic tardiness and truancy are disruptive to both teachers and fellow students and therefore will not be tolerated. Student attendance is an official record and is entered in the student's permanent record. In an effort to properly record the attendance of our students, as required by law, the following procedures will be in effect in Knox Junior High School:

- Parents of students who are absent from school should notify the school main office on the morning of the absence and provide a written excuse upon the student's return to school.
- If a parent does not contact the school, the school nurse will contact the parent to ascertain the whereabouts of the absent student.
- If a written excuse is not received within 3 school days of the student's return to school, the absence will be recorded as unexcused.
- All students must arrive at school and report to homeroom on time each day. Any student who fails to report to homeroom will be recorded as tardy and will be subject to disciplinary action.
- Students arriving to school after 7:28 am are considered tardy and should report to the main office to sign in and acquire a late pass for homeroom.
- Knox provides each student with an opportunity to eat breakfast each morning of school, however, this should be considered by the student as a privilege and not a right. If a student wishes to eat breakfast, he/she must arrive to school early enough to provide sufficient time. A student may not be late for class because he or she did not have enough time to eat their breakfast.
- Classroom teachers and/or the building principal may determine that a percentage of a student's grade be based on classroom participation. Students who are absent from instruction shall be afforded the opportunity to make up the class participation portion of their grade as well as work missed.
- It is the responsibility of the student to find out what work was missed and what effort will be needed to make up the class time missed. These arrangements will be addressed within a time frame and manner specified by the teacher.
- Class cuts, truancy, and other unexcused absences may preclude a student from the opportunity to make up missed work and class participation (Commissioner's Decision #11597-2.26.87)
- All attendance information will be recorded and analyzed periodically to identify patterns or trends in student absences. Continuous monitoring will be conducted by designated staff members to identify students who are absent, tardy, or leave class or school early.
- Parents will be contacted by the school when non-attendance patterns of students become regular or chronic. Parents will be informed and reminded of the importance of good attendance habits, of the ramification of unexcused absences, and of appropriate intervention strategies to correct the situation.

The following sanctions will be implemented in Knox for violations of the student attendance policy:

Tardy to School

- A student tardy to school for the 3rd time in a month will be assigned an after-school detention.
- A student tardy to school for a 2nd group of 3 times will be assigned 2 after-school detentions.
- A student tardy to school for a 3rd group of 3 times will be assigned a full day of in-school suspension.
- Each tardy to school following the day of ISS will result in an after-school detention.
- Parents will be notified by letter of each of these consequences.

Late for Class

- A student late for class for the 3rd time will be assigned an after-school detention.
- A student late for class for a 2nd group of 3 times will be assigned 2 after-school detentions.
- A student late for class will be assigned 2 after-school detentions for each group of 3 lates thereafter.
- Parents will be notified by letter of each of these consequences.

Attendance Policy (Continued)

Absent from Class

- A student absent from class without an excuse will be assigned an after-school detention.
- A student absent from class without an excuse for a 2nd time will be assigned 2 after-school detentions.
- Further class cutting by a student will result in a review of the student's academic program and further punitive sanctions.
- Parents will be notified by letter of each of these consequences.

Truancy

- A student who is truant from school will be assigned an after-school detention for each period missed.
- Parents will be contacted as soon as the child is confirmed as absent or missing from school.

Absent from Detention

- Students who are assigned a detention by a teacher and who do not attend this detention with the teacher will be assigned 2 detentions by the principal. Typical teacher-assigned detentions last until 3:00 pm. Administrative detentions last until 3:40 pm—until the arrival of the late bus.
- Students absent from an administrative detention will be assigned a full day of in-school suspension. In-school suspension lasts until 3:40 pm.

Chronic Absences and Tardies

- Chronic school absences and tardies have serious academic consequences that are spelled out in the GJSD BOE's Policy #7109. Additionally, chronic absenteeism may result in a Hot Line to the Department of Social Services.

Questions about the GJSD's Attendance Policy and its implementation in Knox Junior High School may be addressed by calling the Knox main office at 762-3711.

Homework Guidelines

Homework is an integral part of the educational process. When effectively planned, assigned, and evaluated, it encourages and measures the development of basic skills, self-discipline, and associated good work habits.

Homework can be assigned to a group or to an individual; it may be required or voluntary; and should serve one or more of the four purposes listed below:

- As practice to help students master specific skills (limited to materials presented in class)
- As preparation for future lessons
- As extensions to help determine if students can transfer specific skills or concepts to new situations
- As assignments involving creativity to integrate many skills and concepts

Teacher Responsibilities

To ensure the desired results, all homework assignments should be evaluated by the teacher prior to their assignment according to the following "standards":

- Is the assignment of positive educational benefit to every student involved in it?
- Does the assignment take into consideration the difference in abilities and rates of learning of every child involved in it?
- Is the assignment given in such a way that every child understands fully what is to be accomplished?
- Does the time allotted for this assignment take into consideration other long range assignments which have been previously given?
- Is there a sound, educationally defensible reason for this assignment? (Homework should never be assigned as a penalty for poor behavior)

Student and Parent Responsibilities

Students are responsible for their own learning. They have the responsibility to make a reasonable attempt at doing their homework, seeking help when needed, and taking the initiative for obtaining and making up assignments when they have been absent.

Parents can assist students by providing an appropriate place and the proper conditions for study.

Transportation/ Busing

Passing School Buses: It is illegal to pass a stopped school bus with its red lights on while on the high way or in the school driveway. (Effective November 1, 1990, Chapter 62 of the Law of 1990 amends Section 1174(a) and (b) of the Vehicle and Traffic Law dealing with the overtaking and passing of a school bus).

For many students the school day begins with a bus ride. The school's responsibility starts when the student boards the bus in the morning and does not end until the student is returned home safely in the afternoon. A safe, pleasant trip to and from school helps foster positive student attitudes toward school. A very important tip for parents is to **be sure that your child knows what bus he/she rides.**

Bus Stops: Students should be **at** the bus stop **prior** to arrival of the bus.

Safety: Safety measures pertaining to transportation include carefully planned student instruction. Please review the following at home:

- Be ready to board the bus when it arrives. Students should always pass at least ten feet in front of the bus when the driver signals them to cross the street. Go immediately to your seat and remain there until the bus comes to a complete stop at your destination.
- Bus aisles should be kept clear of all objects—including legs, arms, and heads.
- Windows are not to be opened unless the driver grants permission.
- Students should keep all parts of the body inside the bus at all times.
- Students are not allowed to eat or drink on the bus.
- Students are asked to speak quietly so that the driver will not be distracted. Refrain from speaking to the bus driver when the bus is in motion, except in the case of emergency.
- No articles are to be thrown from or on the bus. Throwing anything from the bus is not only a bus violation, but also a violation against the state littering laws, subject to a \$50.00 fine.
- No glass (bottles, jars, etc) is allowed on the bus.
- No pets, including snakes, frogs, bugs, worms, etc, are allowed on the bus. Parents may seek permission to personally bring animals to school by contacting their child's teacher for approval.
- No skateboards, roller blades, skis, golf clubs, fishing poles, plants, portable radio/tape/CD players, trading cards and the like are allowed on the bus.
- Follow all directions from the bus driver.
- Respect the health, safety, and morals of others in language and actions.

Bus transportation is a privilege extended to students provided that conduct is acceptable. If a violation occurs, the driver will take reasonable action to prevent further difficulties. These actions may include a reprimand, a seat reassignment, parent contact, and/or a written discipline referral to the student's principal.

More serious cases may require termination of bus-riding privileges either temporarily or long-term. This decision will apply particularly to situations in which the behavior causes a clear and immediate threat to the safety and welfare of others. Persistent problems will result in the withdrawal of transportation privileges for an increasing length of time. The Superintendent will determine the removal of transportation privileges beyond five consecutive days.

Safety Drills: A minimum of three emergency bus drills will be held during the school year. These drills will include information on the following: 1) use and operation of the emergency doors and windows; 2) fire extinguisher and two-way radio; 3) first aid equipment.

Change in Transportation Requests: Any request for a change in transportation due to a change in address may be initiated in the main office. This request will be forwarded to the transportation director and may take a few school days to a week to arrange. Plan accordingly. Students who regularly take the bus to and from school may request a temporary change in bus (a one-day request to visit a friend or relative for example). In this case a written note from the student's parent or guardian is required. This note should be turned in to the main office prior to the start of school. The principal will review the request and sign it if approved. The secretary will photocopy the request and return it to the student who will present it to the bus driver when he/she boards the bus. Students who are not regular bus riders are not authorized to use them for any reason.

Late Bus: Students who are regular bus riders may make use of the late bus which picks up from Knox at approximately 3:40 pm. Students remaining for extra help, extra-curricular activities, or detention should sign up for the late bus in the main office before 2:30 pm. Failure to do so may result in a loss of transportation privileges for that afternoon. Students who leave school grounds for any unauthorized reason after school will not be allowed to ride the late bus—even if they have signed up to do so.

Picking Up Children From School

When picking up children after school, please **DO NOT PARK** in front of the school (South Perry Street). This area is reserved for buses.

Other Important Information



MONDAY - FRIDAY BELL SCHEDULES

REGULAR DAY

Warning Bell	7:25
Period 1	7:28 - 8:12
Period 2	8:15 - 8:58
Period 3	9:01 - 9:44
Period 4	9:47 - 10:30
Period 5	10:33 - 11:16
Period 6L	11:19 - 11:49 (7th gr. lunch)
Period 6C	11:19 - 12:02 (8th gr. class)
Period 7C	11:52 - 12:35 (7th gr. class)
Period 7L	12:05 - 12:35 (8th gr. lunch)
Period 8	12:40 - 1:23
Period 9	1:26 - 2:09
Dismissal	2:09
Late Bus	3:40

ONE HOUR DELAY

Warning Bell	8:25
Period 1	8:28 - 9:02
Period 2	9:05 - 9:39
Period 3	9:42 - 10:16
Period 4	10:19 - 10:53
Period 5	10:56 - 11:27
Period 6L, 6C	11:30 - 12:00 (7th gr. Lunch and 8th gr. Class)
Period 7L, 7C	12:03 - 12:33 (8th gr. Lunch and 7th gr. Class)
Period 8	12:36 - 1:21
Period 9	1:24 - 2:09
Dismissal	2:09
Late Bus	3:40

TWO HOUR DELAY

Warning Bell	9:25
Period 1	9:28 - 9:50
Period 2	9:53 - 10:15
Period 3	10:18 - 10:39
Period 4	10:42 - 11:03
Period 5	11:06 - 11:27
Period 6L, 6C	11:30 - 12:00 (7th gr. Lunch and 8th gr. Class)
Period 7L, 7C	12:03 - 12:33 (8th gr. Lunch and 7th gr. Class)
Period 8	12:36 - 1:21
Period 9	1:24 - 2:09
Dismissal	2:09
Late Bus	3:40

BREAKFAST/LUNCH PROGRAM

Attached to this packet you will find information from our School Lunch Office regarding the lunch and breakfast programs. Please note that students are not allowed to leave the school grounds during the lunch period unless accompanied by a parent/guardian.

PHYSICAL EDUCATION

All students are to bring a change of clothes and sneakers for physical education classes. State Education Law mandates that each child must average 2 ½ periods of physical education per week. Therefore, if your child misses a class, he/she will have to make up the time.

PARENT PARTICIPATION IN SCHOOL LIFE THROUGH P.T.S.A.

Knox has an open PTSA and all parents and students are urged to join. If you are interested in helping, please see the information included in this packet. You may also contact one of the following officers:

President—Ms. Jaime Kosowicz

President-Elect—Ms. Elena Willett

First Vice President—Ms. Doreen Caputo

Second Vice President—Ms. Jennifer VonderHeide

Recording Secretary—Ms. Terri Swierzowski

Treasurer—Ms. Lauren Brand

Corresponding Secretary—Ms. Pamela Baran

Central Council Representatives—Ms. Lisa Askew,
Vacant

Teacher Representative—Ms. Beth Brower

EMERGENCY SCHOOL CLOSINGS

You should have arrangements made by September for supervision of your children on days school closes early in the event that you are at work or not at home. The name and telephone number of your emergency contacts should be listed on the enclosed Emergency Authorization Form.

School closings and/or delays will be broadcast on the following stations:

WIZR 930 AM	TV CHANNEL 6
WGY 810 AM	TV CHANNEL 10
WENT 1340 AM	TV CHANNEL 13

It is important to note that whenever there is a delay, students will not be able to come to school or enter the building prior to the announced starting time. There are no school personnel available to supervise students prior to the opening of school.

Schedules are as follows:

One-hour delay - School building will open at 8:25 AM - Breakfast will be served
Two-hour delay - School building will open at 9:25 AM - NO BREAKFAST

Greater Johnstown School District

Lunch Lines!! September 2009 * new item!!
K-6 offered the unlined entrée in addition to DAILY alternatives: Ham or Turkey Sandwiches (Wheat Bread)
 Students may prepay any time, for a week, a month, or longer by depositing money on their meal accounts.
Milk Choices are 1% white, 1% Chocolate or Skim White.

We are now serving wheat bread, wheat dinner rolls and wheat hot dog/hamburger buns for your good health.

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Prices: K-6: \$ 1.75 7-12: \$2.00 Reduced Price: \$.25 Breakfast Prices: K-6: \$1.00 7-12: \$1.50		9	10	11
		K-6 <u>Chicken Pattie/Bun</u> Corn Fruit Choice 7-12 Pizza or Mixed Subs Corn Fruit Choice * ½ & ½ Pudding	K-6 <u>Cheese Pizza</u> Garden Veggies Ice Cream 7-12 Chicken Fajita or Meatball Sub Garden Veggie Fruit Choice	K-6 <u>Hot Dog on a Roll</u> Baked Beans Fruit Choice 7-12 Burger on a Bun or French Bread Pizza Tossed Salad Fruit Choice
		* Crispy Chix Salad	Chef Salad	Turkey Wrap

Canned Fruit, Fresh Fruit or Fruit Juice AND choice of Milk are offered with all meals.

School Meals meet the nutritional goals for key nutrients and caloric requirements of the Dietary Guidelines for Americans.

14	15	16	17	18
K-6 <u>Burger on a Bun</u> Garden Veggies Fruit Choice 7-12 Macaroni & Cheese Or Philly Steak Sandwich Garden Veggies Fruit Choice	K-6 <u>Cheese Pizza</u> Garden Veggies * ½ & ½ Pudding 7-12 Cheese Pizza or *Buffalo Chix Pizza Mixed Green Salad Fruit Choice	K-6 <u>Spaghetti</u> w/ <u>Meatballs & Sauce</u> Roll/Garden Salad Fruit Choice 7-12 Nacho Supreme or Mixed Subs. Garden Veggies Fruit Choice	K-6 <u>Ham & Cheese Mini</u> <u>Sub</u> Veggie Sticks Fruit Choice 7-12 Hot Dog/Roll w/Weeks or * Burger Bonanza Baked Beans Fruit Choice	K-6 <u>Chicken Pattie/Bun</u> Garden Veggie Fruit Choice 7-12 * Super Sampler Some of each or Choice of one: Cheese Stix/Sauce Chix Nugget/BBQ Dunkers/Sauce Garden Veggies/Fruit
* Buffalo Chix Salad	Deli Bar	Pasta Bar	* Garden Pasta Salad	*Turkey Casserole Salad

Free & Reduced Meal Applications available in the school offices and online @johnstownschoools.org

Milk Choices: 1% White, 1% Chocolate & Skim White

Meal account questions? Betsy Thomas, 762-1875

21	22	23	24	25
K-6 <u>*Mozzarella Sticks</u> w/ <u>Sauce</u> Mixed Green Salad Fruit Choice 7-12 Chicken Parmesan on a Bun or * Firecracker Sandwich Garden Veggies Fruit Choice	K-6 <u>Tacos w/ Lettuce &</u> <u>Cheese</u> Corn Fruit Choice 7-12 Cheese Pizza or *BLT Wrap Mixed Green Salad ½ & ½ Pudding	K-6 <u>Breakfast for Lunch</u> Waffles w/Syrup & Ham Taters Fresh Apple 7-12 Breakfast for Lunch Garden Veggie Fresh Apple	K-6 <u>Hot Dog on a Roll</u> Baked Beans Fruit Choice 7-12 Take A Chance or Burger on a Bun Garden Veggie Fruit Choice	K-6 <u>Chicken Nuggets</u> BBQ Sauce Oven Fries Fruit Choice 7-12 Super Sampler Some of each or Choice of one: Cheese Stix/Sauce Chix Nugget/BBQ Dunkers/Sauce Garden Veggies/Fruit
Chef Salad	Deli Bar	Salad Bar	Crispy Chix Salad	Buffalo Chix Salad

PARENTS: Meals from the National School Lunch Program (NSLP) are good for your children and help establish healthy eating habits for life. Support your child's health and our cafeteria!

28	29	30		
K-6 <u>Burger on a Bun</u> Garden Veggies Fruit Choice 7-12 * Wrap it up!! Pizza Wrap Buffalo Chix Wrap Turkey Caesars Wrap Corn Fruit Choice	K-6 <u>Cheese Pizza</u> Garden Salad w/Roll Ice Cream 7-12 Nacho Supreme or Chicken Fajita Garden Salad Fruit Choice	K-6 <u>Chicken Bowl</u> w/ <u>Mashed Potato</u> Corn Fruit Choice 7-12 Chicken Pattie/Bun or * Burritos Garden Veggies Fruit Choice		Check out the district website! You can find the free/reduced price application there AND the new MyNutrikids.com online prepayment link.
Chef Salad	Deli Bar	Taco Bar		